

Shabbat in Your Home



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INGREDIENTS FOR SHABBAT IN YOUR HOME

1. Your family and guests
2. Table set with festive tablecloth, traditionally white
3. Candlesticks – 2 or more
4. Kiddush Cup
5. Challah with cover (can be a napkin) salt is optional
6. Kosher wine
7. Tzedakah Box
8. A festive meal

If you have any questions, please feel free to call the synagogue office.

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TRACK 7

HAMOTZI BLESSING THE BREAD



בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ:

Baruh atah adonay eloheynu meleh ha'olam
Hamotzi lehem min ha'arezt.

Bless are you, BOUNTIFUL, the sovereign of all worlds, who brings
Forth bread from the earth.

Slice or tear the challah and distribute it to those at the table.

SHABBAT DINNER IS SERVED

TRACK 8

BIRHAT HAMAZON GRACE AFTER MEALS

Brich Rachamana malka de'alma marey dehay pita

You are the source of Life for all that is
And your blessing flows through me (x2)

TRACK 5

BLESSING THE CHILDREN

Parents place their hands on their children's heads.
Bless them by saying:

To a son: **יְשִׁימֶךָ אֱלֹהִים כְּאַפְרַיִם וְכַמְנַשֶּׁה:**

Yesimeha elohim ke'efrayim vehimnasheh.

May God make you like Ephraim and Menasheh.

To a daughter: **יְשִׁימֶךָ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה:**

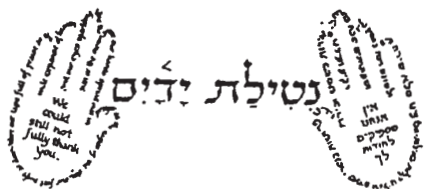
Yeshimeh elohim kesarah rivkah rahel vele'ah.

May God make you like Sarah, Rebekah, Rachel and Leah.

TRACK 6

NETILAT YADAYIM CLEANSING YOUR HANDS

Baruh atah adonay eloheynu meleh ha'olam asher
Kideshanu bemitzvotav vetzivanu al netilat yadayim.



**בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל גְּטִילַת יָדַיִם:**

Blessed are you, Source of Holiness, the sovereign of all worlds,
Who has made us holy with your mitzvot, and commanded us
To wash our hands.

TRACK 1

HINEY MAH TOV

הִנֵּה מַה־טוֹב וּמַה־נִּיְעִים שֵׁבֶת אַחִים גַּם יַחַד:

Hiney mah tov umah na'im shevet ahim gam yahad

How wonderful it is for us to be together (Psalm 133:1)

TRACK 2

SHALOM ALEYHEM

**שְׁלוֹם עֲלֵיכֶם מְלֶאכִי הַשְּׂרֵת מְלֶאכִי עֲלִיּוֹן
מִמֶּלֶךְ מְלֶכִי הַמַּלְכִים הַקְּדוֹשׁ בְּרוּךְ הוּא:**

**בּוֹאֲכֶם לְשִׁלּוֹם מְלֶאכִי הַשְּׁלוֹם מְלֶאכִי עֲלִיּוֹן
מִמֶּלֶךְ מְלֶכִי הַמַּלְכִים הַקְּדוֹשׁ בְּרוּךְ הוּא:**

**בְּרַכּוּנֵי לְשִׁלּוֹם מְלֶאכִי הַשְּׁלוֹם מְלֶאכִי עֲלִיּוֹן
מִמֶּלֶךְ מְלֶכִי הַמַּלְכִים הַקְּדוֹשׁ בְּרוּךְ הוּא:**

**צֹאחֲכֶם לְשִׁלּוֹם מְלֶאכִי הַשְּׁלוֹם מְלֶאכִי עֲלִיּוֹן
מִמֶּלֶךְ מְלֶכִי הַמַּלְכִים הַקְּדוֹשׁ בְּרוּךְ הוּא:**

Shalom aleyhem malahey hasharet malahey elyon
Mimeleh malhey hamelahim hakadosh baruh hu

Bo'ahem leshalom malahey hashalom malahey elyon
Mimeleh malhey hamelahim hakadosh baruh hu.

Barehuni leshalom malahey hashalom malahey elyon
Mimeleh malhey hamelahim hakadosh baruh hu

Tzethem leshalom malahey hashalom malahey elyon
Mimeleh malhey hamelahim hakadosh baruh hu.

Angels are another name for feelings

When we love and act with kindness

We create angels of love and kindness;

When we hate and act with violence

We create angels of hatred and violence.

It is our job to fill our world with angels of love:

Messengers of kindness

That link people together as one family.

- Rami M. Shapiro

TRACK 3

HADLAKAT NEROT SHABBAT CANDLE BLESSING

Almighty God,
Grant me and all my loved ones
A chance truly to rest on this Shabbat.
May the light of the candles drive out among us
The spirit of anger, the spirit of harm.
Send your blessings to your children,
That they may walk in the ways of your Torah, your light.



The candles are now lit. After candlelighting, the following blessing is recited:

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Baruh atah adonay eloheynu meleh ha'olam asher kideshanu
Bemitzvotav vetziyanu lehadlik ner shel Shabbat.
Blessed are you, SOURCE OF LIGHT our God, the sovereign of
All worlds, who has made us holy with your mitzvot, and
Commanded us to kindle the Shabbat light.

TRACK 4

KIDDUSH BLESSING THE WINE

Raise the Kiddush cup filled with wine or grape juice

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגֶּפֶן.

Ba-ruch a-ta Adonai, Eh-lo-hei-nu meh-lech ha-o-lam, bo-rei
P'ri ha-ga-fen.

Ba-ruch a-ta Adonai, Eh-lo-hei-nu meh-lech ha-o-lam, a-sher
Ki-d'sha-nu b'mitz-vo-tav v'ra-tza va-nu, v'sha-bat kod-sho
B'a-ha-va u'v'ra-tzon hin-chi-la-nu, zi-ka-ron l'ma-a-sei v'rei-
Sheet. Ki hu yom t'chi-la l'mik-ra-ei ko-desh, zei-cher li-tzi-at
Mitz-ra-yim.

Ki va-nu va-char-tz v'o-ta-nu ki-dash-ta mi-kol ha-a-mim,
V'sha-bat kod-sh'cha b'a-ha-va u-v'ra-tzon hin-chal-ta-nu.
Ba'ruch a-ta Adonai, m'kadesih ha-Shabbat.

We praise you, Eternal God, Sovereign of the Universe,
Creator of the fruit of the vine.

We praise you, Eternal God, Sovereign of the Universe;
You call us to holiness with the Mitzvah of Shabbat –
The sign of Your love, a reminder of Your creative work,
And of our liberation from Egyptian bondage, our days
Of days. On Shabbat especially, we hearken to Your call
To service You as a holy people.

We praise You, O God, for the holiness of Shabbat.